



Naples Mental Health Roadmap

Are you stressed and want help, but don't know where to start? We got you!



FAMILY, FRIENDS, & CHAIN OF COMMAND

- First resource is existing support system
- Trusted, personal, and least intrusive
- Talk to a front-line leader or supervisor



CHAPLAINS

24/7 Duty Chaplain
+39 366-680-5972

- 100% confidential
- Promotes personal well-being
- Religious guidance and spiritual counseling
- No referral needed



MILITARY & FAMILY LIFE COUNSELING

Scan QR code below for local contacts

- Non-medical counseling & classes
- Duty to Warn reporting requirements
- No referral needed
- No medical record documentation



FLEET & FAMILY SUPPORT CENTER

Appointments: +39 081-811-6372

Virtual Clinical Counseling: +1 855-205-6749

- Non-medical counseling for individuals, couples, families, and youth
- Life Skills: Stress management, coping, relationships, finances
- No referral needed
- No medical record documentation



MILITARY ONESOURCE

Contact: 00-800-342-9647

MilitaryOneSource.mil

- Non-medical counseling for military personnel and family members
- Life Skills: Stress management, coping, relationships, finances
- No referral needed
- No medical record documentation



USNH NAPLES MENTAL HEALTH

Appointments: +39 081-811-6306 | DSN: 629-6306

- Adult individual and group therapy, psychiatry services, and substance abuse evaluations and treatment (SARP)
- Authorized for military duty determinations
- Provider may communicate with your CO and other medical staff
- Active Duty have priority for services
- No referral needed
- Medical record documentation

USNH NAPLES MEDICAL HOMEPORT

Appointments: +39 081-811-6000
DSN: 629-6000

- Medication management and specialty referral as needed
- Provider may communicate with your CO and other medical staff
- Medical record documentation

988

SUICIDE & CRISIS LIFELINE

In the European Union
00 1 (844) 702-5495



EMERGENCY ROOM

+39 081-568-4911 | DSN: 911

- Danger to self, others, or gravely disabled
- Not for routine access to care
- Provider will communicate with your CO and other medical staff

SCAN HERE FOR A FULL LIST OF MENTAL HEALTH RESOURCES



LOW
↑
INDIVIDUAL LEVEL OF STRESS
↓
HIGH